

**FAST
ENERGY**

**27g
CARBS**



BEFORE DURING AFTER
FREE TIME

Energybar>

Tasty Energybar based on carbohydrates, with rice crispies, honey, dried fruits and fruit puree. A compact and tasty source of carbohydrates perfect for before and during exercise. Made from easy to digest, natural ingredients, they are an ideal way to add carbs and other macronutrients to the athletes' fuelling strategy with a solid solution.

- > *New Flavour: Fig and Honey*
- > *27g carbohydrates per bar*
- > *Suitable for intense training and endurance sports*
- > *Low fat*

GREAT TASTE

ASPARTAME FREE

ACESULFAME FREE

Ingredients: Fig & Honey: rice crispies 32% (rice flour, sugar, barley malt extract, salt), fig and honey preparation 19% (glucose-fructose syrup, fructose, dried fig paste, honey, sugar, acid: citric acid; natural flavouring), glucose syrup, apple preparation (sugar, rehydrated apple powder, apple juice from concentrate, apple purée, fructose, acid: citric acid, flavourings), dried figs 10%, honey 7%, gluco-oligosaccharide, sunflower oil*, natural flavour. *Cold-pressed sunflower oil. It may contains **milk, soy, nuts, peanuts** and **sesame seeds**.

Flavours: Fig & Honey, Apricot, Banana, Peach, Strawberry, Wildberries.

Format: (35g x 12 )

Nutrition Information

	100g	Bar (35g)
Energy	1428kJ/337kcal	500kJ/118kcal
Fat	1,4 g	0,5 g
of which saturates	0,2 g	0,07 g
Carbohydrate	77 g	27 g
of which sugars	50 g	18 g
Fibre	2,6 g	0,9 g
Protein	2,7 g	0,9 g
Salt	0,09 g	0,03 g

